

## Lesson 24: Ball Tag - Outdoor

Strand(s):		Strand Units	
Athletics		Jumping	
Games		Understanding and Appreciation of Games	
		Creating and Playing	Games
Outdoor and Adventure Activities		Understanding and appreciation of outdoor and	
Surdoor and Adventure Activities		adventure activities	
Curriculum Ob	jectives: Indicate relevan	t class level(s) below	
	r	[	r
• JI/SI	• 1st /2nd	• 3rd/4th	• 5th/6th
Understanding	Understanding and	Understanding and	Understanding and
and appreciation	appreciation of outdoor	appreciation of outdoor and	appreciation of outdoor and adventure activities
of outdoor and adventure	and adventure activities		
	discuss the safety aspects of activities	adventure activities	develop positive attitudes
activities	undertaken	plan, observe, describe and discuss	towards caring for the environment
begin to develop an	develop an appreciation	activities outdoors	
appreciation of	of and respect for the	activities outdoors	discuss the safety aspects of activities undertaken
and respect for the	environment explored	Ball Tag	plan, observe, describe and
environment	environment explored	Understanding and	discuss activities outdoors
cirviroinnent	Ball Tag	appreciation of games	discuss activities outdoors
Ball Tag	Understanding and	discuss and improve	
Understanding	appreciation of games	control in movement	Ball Tag
and appreciation	develop an	skills relevant to games	Understanding and
of games	understanding of the use of	develop an increased	appreciation of games
apply simple	space	understanding of use of	develop an understanding of
rules to games	discuss and develop	space	the use of space in mini-games
Creating and	control in movement skills	<b>Creating and playing</b>	discuss and improve control
playing games	relevant to games	games	in movement skills relevant to
play simple	Creating and playing	play playground	games
playground games	games	games	Creating and playing games
	play playground games	-	play playground games
Jumping	Jumping	Jumping	Jumping
experiment with	explore the various	explore the various	explore the various ways of
various ways of	ways of jumping, to	ways of jumping, to	jumping, to include taking off
jumping (running,	include taking off from one	include taking off from	from one foot and landing on
hopping etc)	foot and landing on two	one foot or two feet and	two feet (running, hopping etc)
	feet	landing on two feet	

## <u>Content/ Activities:</u> Game:

Ball Tag: 1 or two children are chosen (depending on group size). They are given a ball and must tag other members of the group who are trying to run away. If a member of the group is caught, they step outside the circle and complete a given number of air squats. Vary movements for each round e.g. Hopping, Bear Crawl, Superhero Jumps. Warm Down

Methodologies: Use of ICT Cooperative games Active Learning Learning Through Play Exploration of Movement	Assessment: Teacher Observation Peer/ Self Assessment Questioning Talk and Discussion	
<b><u>Differentiation:</u></b> By task By support and explanation By pace	urn taking,	Resources: FitCrew ICT Balls x2