



## Lesson 21: Ball Tag - Outdoor

<p><b><u>Strand(s):</u></b> Athletics</p> <p>Games</p> <p>Outdoor and Adventure Activities</p>		<p><b><u>Strand Units</u></b> Jumping</p> <p>Understanding and Appreciation of Games Creating and Playing Games</p> <p>Understanding and appreciation of outdoor and adventure activities</p>	
<p><b>Curriculum Objectives:</b> Indicate relevant class level(s) below</p>			
<ul style="list-style-type: none"> <li>• JI/SI</li> </ul> <p><b>Understanding and appreciation of outdoor and adventure activities</b> -- begin to develop an appreciation of and respect for the environment</p> <p><b>Ball Tag</b> <b>Understanding and appreciation of games</b> -- apply simple rules to games</p> <p><b>Creating and playing games</b> -- play simple playground games</p> <p><b>Jumping</b> -- experiment with various ways of jumping (running, hopping etc)</p>	<ul style="list-style-type: none"> <li>• 1st /2nd</li> </ul> <p><b>Understanding and appreciation of outdoor and adventure activities</b> -- discuss the safety aspects of activities undertaken -- develop an appreciation of and respect for the environment explored</p> <p><b>Ball Tag</b> <b>Understanding and appreciation of games</b> -- develop an understanding of the use of space -- discuss and develop control in movement skills relevant to games</p> <p><b>Creating and playing games</b> -- play playground games</p> <p><b>Jumping</b> -- explore the various ways of jumping, to include taking off from one foot and landing on two feet</p>	<ul style="list-style-type: none"> <li>• 3rd/4th</li> </ul> <p><b>Understanding and appreciation of outdoor and adventure activities</b> -- plan, observe, describe and discuss activities outdoors</p> <p><b>Ball Tag</b> <b>Understanding and appreciation of games</b> -- discuss and improve control in movement skills relevant to games -- develop an increased understanding of use of space</p> <p><b>Creating and playing games</b> -- play playground games</p> <p><b>Jumping</b> -- explore the various ways of jumping, to include taking off from one foot or two feet and landing on two feet</p>	<ul style="list-style-type: none"> <li>• 5th/6th</li> </ul> <p><b>Understanding and appreciation of outdoor and adventure activities</b> -- develop positive attitudes towards caring for the environment -- discuss the safety aspects of activities undertaken -- plan, observe, describe and discuss activities outdoors</p> <p><b>Ball Tag</b> <b>Understanding and appreciation of games</b> -- develop an understanding of the use of space in mini-games -- discuss and improve control in movement skills relevant to games</p> <p><b>Creating and playing games</b> -- play playground games</p> <p><b>Jumping</b> -- explore the various ways of jumping, to include taking off from one foot and landing on two feet (running, hopping etc)</p>

**Content/ Activities:****Game:**

Ball Tag: 1 or two children are chosen (depending on group size). They are given a ball and must tag other members of the group who are trying to run away. If a member of the group is caught, they step outside the circle and complete a given number of air squats. Vary movements for each round e.g. Hopping, Bear Crawl, Superhero Jumps.

Warm Down

**Methodologies:**

Use of ICT  
Cooperative games  
Active Learning  
Learning Through Play  
Exploration of Movement

**Assessment:**

Teacher Observation  
Peer/ Self Assessment  
Questioning  
Talk and Discussion

**Differentiation:**

By task  
By support and explanation  
By pace

**Integration:**

S.P.H.E: Turn taking,  
Listening, Following  
instruction, working with  
others, communication  
Literacy  
Gaeilge

**Resources:**

FitCrew  
ICT  
Balls x2