



Lesson 20: Ball Tag - Outdoor

<u>Strand(s):</u> Athletics		<u>Strand Units</u> Jumping	
Games		Understanding and Appreciation of Games Creating and Playing Games	
Outdoor and Adventure Activities		Understanding and appreciation of outdoor and adventure activities	
Curriculum Objectives: Indicate relevant class level(s) below			
<ul style="list-style-type: none">● JI/SI Understanding and appreciation of outdoor and adventure activities -- begin to develop an appreciation of and respect for the environment Ball Tag Understanding and appreciation of games -- apply simple rules to games Creating and playing games -- play simple playground games Jumping -- experiment with various ways of jumping (running, hopping etc)	<ul style="list-style-type: none">● 1st /2nd Understanding and appreciation of outdoor and adventure activities -- discuss the safety aspects of activities undertaken -- develop an appreciation of and respect for the environment explored Ball Tag Understanding and appreciation of games -- develop an understanding of the use of space -- discuss and develop control in movement skills relevant to games Creating and playing games -- play playground games Jumping -- explore the various ways of jumping, to include taking off from one foot and landing on two feet	<ul style="list-style-type: none">● 3rd/4th Understanding and appreciation of outdoor and adventure activities -- plan, observe, describe and discuss activities outdoors Ball Tag Understanding and appreciation of games -- discuss and improve control in movement skills relevant to games -- develop an increased understanding of use of space Creating and playing games -- play playground games Jumping -- explore the various ways of jumping, to include taking off from one foot or two feet and landing on two feet	<ul style="list-style-type: none">● 5th/6th Understanding and appreciation of outdoor and adventure activities -- develop positive attitudes towards caring for the environment -- discuss the safety aspects of activities undertaken -- plan, observe, describe and discuss activities outdoors Ball Tag Understanding and appreciation of games -- develop an understanding of the use of space in mini-games -- discuss and improve control in movement skills relevant to games Creating and playing games -- play playground games Jumping -- explore the various ways of jumping, to include taking off from one foot and landing on two feet (running, hopping etc)

Content/ Activities:**Game:**

Ball Tag: 1 or two children are chosen (depending on group size). They are given a ball and must tag other members of the group who are trying to run away. If a member of the group is caught, they step outside the circle and complete a given number of air squats. Vary movements for each round e.g. Hopping, Bear Crawl, Superhero Jumps.

Warm Down

Methodologies:

Use of ICT
Cooperative games
Active Learning
Learning Through Play
Exploration of Movement

Assessment:

Teacher Observation
Peer/ Self Assessment
Questioning
Talk and Discussion

Differentiation:

By task
By support and explanation
By pace

Integration:

S.P.H.E: Turn taking,
Listening, Following
instruction, working with
others, communication
Literacy
Gaeilge

Resources:

FitCrew
ICT
Balls x2