



Lesson 5: Outdoor Crocodile River

<p><u>Strand(s):</u> Athletics</p> <p>Games</p> <p>Outdoor and Adventure Activities</p>	<p><u>Strand Units</u> Running Jumping</p> <p>Understanding and appreciation of games Creating and playing games</p> <p>Understanding and appreciation of outdoor and adventure activities</p>		
<p>Curriculum Objectives: Indicate relevant class level(s) below</p>			
<p style="text-align: center;">● JI/SI</p> <p>Understanding and appreciation of outdoor and adventure activities -- begin to develop an appreciation of and respect for the environment</p> <p>Bean Game Creating and playing games -- play simple playground games</p> <p>Jumping -- experiment with various ways of jumping</p> <p>Crocodile River Creating and playing games -- play simple playground games</p> <p>Running -- walk or jog in a non-competitive</p>	<p style="text-align: center;">● 1st/2nd</p> <p>Understanding and appreciation of outdoor and adventure activities -- develop an appreciation of and respect for the environment explored</p> <p>Bean Game Jumping -- explore the various ways of jumping</p> <p>Creating and playing games -- play playground games</p> <p>Crocodile River Understanding and appreciation of games -- develop an understanding of the use of space</p> <p>Creating and playing games -- play playground games</p>	<p style="text-align: center;">● 3rd/4th</p> <p>Understanding and appreciation of outdoor and adventure activities -- plan, observe, describe and discuss activities outdoors</p> <p>Bean Game Creating and playing games -- play playground games</p> <p>Jumping -- explore the various ways of jumping, to include taking off from one foot or two feet and landing on two feet</p> <p>Crocodile River Understanding and appreciation of games -- develop an increased understanding of use of space</p> <p>Creating and playing games -- play playground games</p> <p>Running -- walk, jog or run in a</p>	<p style="text-align: center;">● 5th/6th</p> <p>Understanding and appreciation of outdoor and adventure activities -- plan, observe, describe and discuss activities outdoors</p> <p>Bean Game Jumping -- explore the various ways of jumping, to include taking off from one foot and landing on two feet</p> <p>Creating and playing games -- play playground games</p> <p>Crocodile River Understanding and appreciation of games -- develop an understanding of the tactics and strategies for use in mini-games -- develop an understanding of the use of space in mini-games</p> <p>Creating and playing games -- play playground games</p> <p>Running -- jog or run in a non-</p>

setting for periods extending from 30 seconds to 90 seconds	Running -- walk or jog in a non-competitive setting for periods extending from 30 seconds to two minutes	non-competitive setting for periods extending from 30 seconds to 3 minutes	competitive setting for periods extending from 30 seconds to 5 minutes
<p><u>Content/ Activities:</u></p> <p><u>Warmup:</u></p> <p>Bean Game</p> <ul style="list-style-type: none"> • Children move freely around the room and complete various movements when teacher asks-Duration: 3-4 Minutes total • Movements include: Runner bean, string bean, French bean, jumping bean, baked bean, jelly bean <p><u>Game:</u></p> <p>Crocodile River</p> <ul style="list-style-type: none"> • Hoops spread around playing area • Each child gets a bib to keep in their pocket • There are 2 Crocodiles (chasers) who wear their bibs • All players run around, chasers must catch the other players. Anyone caught, also puts on a bib and becomes a chaser. • Hoops are safe spaces, players cannot be caught here • If teacher calls ‘River’, no one is allowed in the hoops for 30 seconds • Movements can be varied e.g. hopping, jumping etc 			
<p><u>Methodologies:</u></p> <p>Use of ICT Cooperative games Problem Solving Active Learning Learning Through Play Exploration of Movement Collaborative Learning</p>		<p><u>Assessment:</u></p> <p>Teacher Observation Peer/ Self Assessment Questioning Talk and Discussion</p>	
<p><u>Differentiation:</u></p> <p>By task By support and explanation By pace</p>	<p><u>Integration:</u></p> <p>S.P.H.E: Turn taking, Listening, Following instruction, working with others, communication</p> <p>Literacy</p> <p>Gaeilge</p>	<p><u>Resources:</u></p> <p>FitCrew ICT Hoops Bibs</p>	